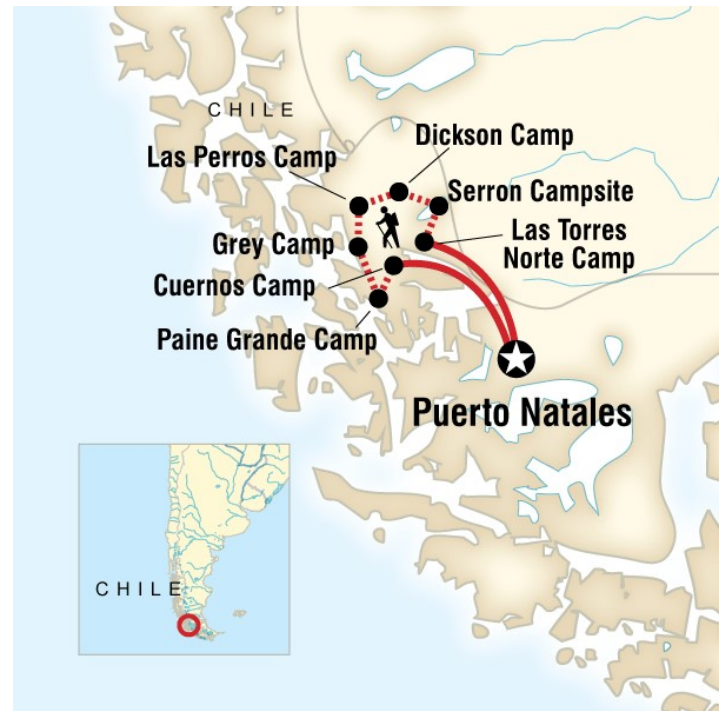


# Patagonia: Torres del Paine - 7D/6N

## Trip Summary

Day	Main Activities	Duration	Meals	Accommodation Options
1	Collect - Punta Arenas - Drive to Ecocamp			
2	Eco Camp to Refugio Cuernos	4.5 hrs	BLD	EcoCamp
3	Paine Massif to French Valley	10 hrs	BLD	EcoCamp
4	Glacier Grey (Ice climbing option)	4 hrs	BLD	EcoCamp
5	Glacier Grey to Las Torres	9 hrs	BLD	EcoCamp
6	Eastern Lakes	3 hrs	BLD	EcoCamp
7	Onward Departure from Punta Arenas			



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## Day 1: Collection from Punta Arenas & drive to EcoCamp Patagonia

The trip begins with you being picked up from your hotel in Punta Arenas or Punta Arenas airport in the morning and driven to EcoCamp Patagonia, located in the world-famous Torres del Paine National Park. Alternatively, you can start your trip in Calafate.

Today is all about absorbing the beauty of Patagonia at your first glimpse. We will drive through the flats and fiords of this southern Continent. Nearly after 3 hours we will be in Puerto Natales, a small, lively town, where we enjoy a hearty local lunch and meet our trekking guide. After lunch we will head to Torres del Paine National Park. Stunning views once we get closer to EcoCamp our lodge for tonight. Domes with a privileged view of Las Torres. A cosy and warm house for the night.

Sunset is usually around 11pm during the summer months, meaning that there will still be enough daylight for you to admire the Patagonia.

Overnight EcoCamp Patagonia, Torres del Paine National Park

**Start Point:** Punta Arenas

**Finish Point:** EcoCamp Patagonia

## Day 2: Los Cuernos Trail

Torres del Paine NP, Chile  
We begin our Patagonian adventure with a pleasant walk through the sinuous Cuernos Trail which leads us alongside the beautiful Lake Nordenskjöld. Strong winds, all kind of surface trails, rocks, dirt, up hill, down hill all the way to Refugio Los Cuernos, a mountain refuge located by the shores of Lake Nordenskjöld. The evening is free for relaxing and enjoying dinner.

Overnight Refugio Cuernos or Domo El Francés (depending on availability), Torres del Paine National Park

**Start Point:** EcoCamp Patagonia

**Finish Point:** Refugio Cuernos

**Walking time:** 4.5 hrs

**Distance:** 12km – 7.5mi

**Max. Altitude:** 244m – 800ft





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### Day 3: Valle Frances Trail

Torres del Paine NP, Chile  
After breakfast at Refugio Los Cuernos, we will begin the challenging trek to Valle Frances (French Valley), along a steep trail that leads to the very heart of the Paine Massif.

Continuing to ascend towards the upper section of the valley where we will be able to marvel at the extensive mass of the valley's geological formations.

After our ascent, we will stop for a picnic and relax a while.

This day's trek will end as we descend through an undulating terrain of mixed grassland and light forest which will take us to Refugio Paine Grande. N.B. An optional trek to Mirador Britanico is also available.

Overnight Refugio Paine Grande, Torres del Paine National Park

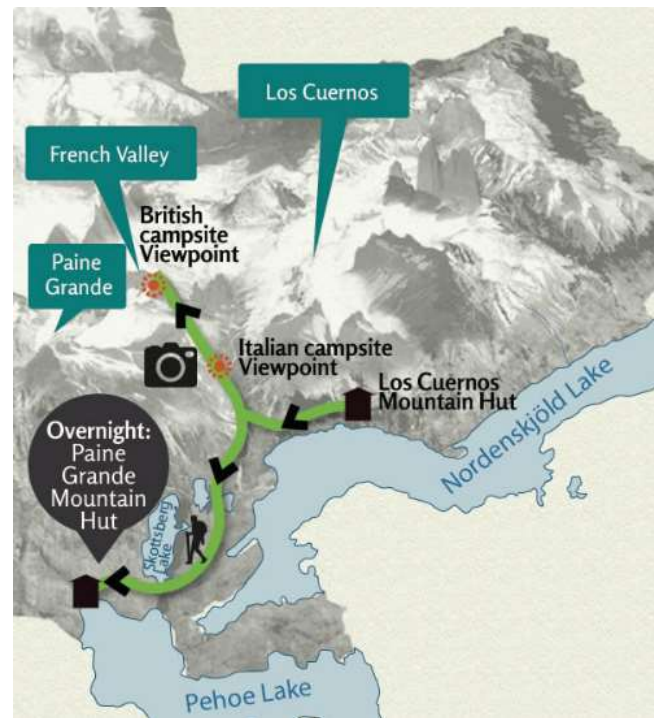
**Start Point:** Refugio Cuernos

**Finish Point:** Refugio Paine Grande

**Walking time:** 10 hrs

**Distance:** 26km – 16mi

**Max. Altitude:** 686m – 2,250ft



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### Day 4: Grey Glacier Trail

Torres del Paine NP, Chile  
This day will see us hike from Paine Grande Refugio along the shores of Lake Pehoe to the northern side of the glacially beautiful Lake Grey. We will feast on a picnic lunch before boarding the boat that sails right to the facade of Glacier Grey, where we will have plenty of time to marvel at the calving glacier. From the southern end of Glacier Grey we will transfer to EcoCamp.

\*Optional Kayaking around Glacier Grey: This excursion starts at 13:00 and lasts 2,5 hours where you will discover the amazing glacier and kayak around huge floating icebergs, towards the east side of the glacier to get closer to the giant ice wall (Min. age: 15 ; Max age: 65)

(Note: Kayaking option is only available until March 19th)

Overnight EcoCamp Patagonia, Torres del Paine National Park

**Start Point:** Refugio Paine Grande

**Finish Point:** Grey Viewpoint

**Walking time:** 4 hrs

**Distance:** 11km – 7mi

**Max. Altitude:** 244m – 800ft



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## Day 5: Las Torres Trail

Torres del Paine NP, Chile

The goal of our fifth day of our 7-day Trek will be to complete the most famous trekking trail in Torres del Paine National Park. We will walk from the campsite towards Hostería Las Torres before ascending to Ascencio Valley on the Tower's eastern face.

Mountain ridges, beech forests and small rivers line the scenic walk towards the valley. Our big challenge comes in the form of the steep moraine, a huge mass of boulders which will lead us to that iconic base-view of the Towers - Three gigantic granite monoliths, the remains of a great cirque sheared away by the forces of glacial ice.

After a tough uphill climb, the Towers eventually come into full view, with the glacial lake visible below. A great place to have lunch. We backtrack along the same trail through Ascencio Valley and return to EcoCamp for a well-deserved dinner.

Overnight EcoCamp Patagonia, Torres del Paine National Park

**Start Point:** EcoCamp Patagonia

**Finish Point:** EcoCamp Patagonia

**Walking time:** 9 hrs

**Distance:** 22km – 14mi

**Max. Altitude:** 914m – 3,000ft

## Day 6: Eastern Lakes

Torres del Paine NP, Chile

The sixth day will consist of a less strenuous trail in order to counter the exhausting efforts of the previous day. After breakfast, we will take a leisurely car journey towards Laguna Azul, passing Cañadón Macho, home to many wild guanacos and ñandúes, en route.

At Laguna Azul, we will hike to the lookout point where we will be treated to a gorgeous view of both the lagoon and granite towers.

After lunch, we will drive to the northern shore of Sarmiento Lake where the Fauna Trail begins. As we hike northbound, we will spot an impressive range of Patagonian fauna on the vast plains, including: guanacos, ostrich-like ñandús and maybe the occasional puma print! We will pass the charming Goic lagoon and after approximately 5km of relaxed walking, we will reach the Laguna Amarga ranger station where we will be picked up and driven back to Ecocamp to celebrate over our farewell dinner.



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*\*Please note that if there are more than 6 travellers in the group there's an option to split into two groups, with one group (or the whole group if everybody's in the mood!) cycling to Laguna Azul!*

Overnight EcoCamp Patagonia, Torres del Paine National Park

**Start Point:** EcoCamp Patagonia

**Finish Point:** EcoCamp Patagonia

**Walking time:** 3hrs

**Distance:** 6km – 4mi

**Max. Altitude:** 180m – 590ft

## **Day 7: Leave Torres del Paine** Punta Arenas, Chile

We will board an early morning vehicle, sit back, relax, and enjoy a scenic ride back to Punta Arenas in time to catch the evening flight to Santiago. Or, alternatively, we board an early morning vehicle to the border to continue our journey to El Calafate

## **EcoCamp Patagonia [4] (Nights 1,4,5,6)**

Ecocamp Patagonia is located in the heart of Torres del Paine National Park in Chile, with views of the majestic granite towers. The region's first sustainable lodge south of the Amazon and the first of its kind in the Patagonian wilderness, EcoCamp offers upscale camping in domes inspired by the region's ancient nomadic inhabitants.

**EcoCamp Patagonia Standard Dome [5]** (Shared bathroom, 10m<sup>2</sup>/108ft<sup>2</sup>) EcoCamp Standard domes were the world's first lodge accommodation in geodesic shape. They are resistant to the strong Patagonian winds, and come equipped with two single beds (doubles on request), cozy fleece blankets and feather quilts. There are windows in the ceiling for stargazing. Standard domes include shared bathrooms which are large, comfortable and gender divided.

**EcoCamp Patagonia Suite Dome [6]** (Heating & Private bathroom, 28m<sup>2</sup>/300ft<sup>2</sup>) Suite domes were designed to further our goal of providing comfort in a natural setting with minimal environmental impact, and also maintain the hotel's familiar and cozy vibe. The domes have comfortable double or twin beds, a wood stove and a private bathroom with a state-of-the-art composting toilet.

**EcoCamp's Suite Dome Lofts [7]** (2 floors, Heating & Private bathroom, 37m<sup>2</sup>/398ft<sup>2</sup>) Suite dome lofts are two-storey domes which fit up to four people and have comfortable double or twin beds both up and downstairs. These domes, ideal for families or groups of friends, come with a wood stove, a private terrace and a private bathroom with a state-of-the-art composting toilet.

**EcoCamp Patagonia Superior Dome [8]** (Heating & Private bathroom, 23m<sup>2</sup>/250ft<sup>2</sup>) Spacious, comfortable and equipped with private bathrooms, Superior Domes are the optimum choice for trekkers wanting that bit more space and comfort at the end of a long day's walk. Each Superior Dome has comfortable queen-size or twin beds, a propane heater, skylight windows and a private bathroom with a sophisticated composting toilet.

**Mountain huts / Refugios** (Nights 2,3) Typical mountain huts, open to the public visiting Torres del Paine. They have rooms for 46 people. The beds are single bunks and we will provide you with a sleeping bag and a polar fleece liner (you don't need to bring a sleeping bag!). The bathrooms are also shared and they have hot

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water. The refugios are heated and have a very comfortable dining area where plentiful meals are served. If refugios are unavailable, alternative accommodation will be provided in tents with prior notice.

**Domes El Francés** (Night 2 / Alternative to Refugio) Geodesic domes, open to the public visiting Torres del Paine. The domes have an amazing view of Nordenskjöld lake, Cuernos del Paine and Paine Grande Mountains and come with a private bathroom for 8 people each (shared bathroom and dome). Accommodation are single bed or bunk beds and we will provide you with a sleeping bag and a polar fleece liner (you don't need to bring a sleeping bag!

*W Trek advisable minimum age for Children is 12 years. We highly advise having had previous experience in trekking, back packing, or find yourself in good shape & ready to be part of a wild environment with some challenging trekking.*

## **SERVICES INCLUDED:**

Private car for all of the transfers and tours.

Private bilingual guides for all excursions.

First Aid kit

Meals indicated in the itinerary.

All Hotels & Campsites Included

## **SERVICES NOT INCLUDED:**

Meal not mentioned in the itinerary.

International and domestic flights.

Tips for guides and field staff.